

St Benedict's Parish

Arcadia

To prefer nothing to the love of Christ.
Rule of St Benedict, Chapter 4



COVID-19 RESTRICTIONS:

Church Attendance: One person per 4sqm, maximum 100 people. Bookings Essential.

MASKS MUST NOW BE WORN DURING MASS

Contact Paula for:
Parish bookings
on 9653 2312 (Mondays & Fridays)
or 0423 078 282

ONLINE Booking:
<https://www.trybooking.com/BJSGK>

PARISH Masses

Weekend:

Saturday 7:00pm
Sunday 9:00am
Sunday 10:30am
Sunday Latin 4.30pm

Weekday:

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession

MONASTERY CHAPEL Masses

Contact Father David for:

Monastery Bookings on 0400 371 260

Sundays 7:00am
Daily 7:00am

Please contact Father Bernard for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Father Bernard: 0416 032 497



Twenty-Second Sunday in Ordinary Time Year A

29 & 30 August 2020

Entrance Antiphon

Have mercy on me, O Lord, for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.

First Reading

A reading from the prophet Jeremiah 20:7-9
The word of the Lord God has meant derision for me.

Responsorial Psalm

Ps 62:2-6. 8-9. R v.2
My soul is thirsting for you, O Lord my God.

Second Reading

A reading from the letter of
St Paul to the Romans 12:1-2
May you present your bodies as a living sacrifice.

Gospel Acclamation

Alleluia, alleluia!
May the Father of our Lord Jesus Christ
Enlighten the eyes of our heart,
That we might see how great is the hope
To which we are called.
Alleluia!

Gospel

A reading from the holy Gospel
according to Matthew 16:21-27
Whoever wishes to come after me must deny himself.

Communion Antiphon

How great is the goodness, Lord,
that you keep for those who fear you.

Gospel reading for this Week

A reading from the holy Gospel according to

Matthew 16:21-27

Whoever wishes to come after me must deny himself.

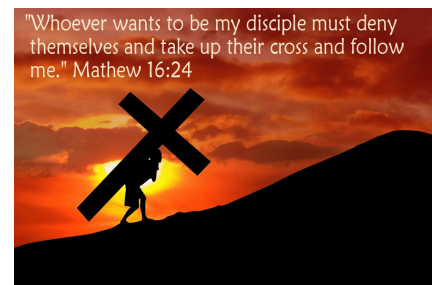
Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said. 'This must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981).
 Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

GOSPEL REFLECTION

The **TWENTY-SECOND** Sunday in Ordinary Time Year A
Matthew 16:21-27

Jesus is not a worldly leader who has conquered other nations in battle. Instead, Jesus has done something far greater and more liberating: Jesus has conquered death. In conquering death through his own Passion, death, and Resurrection, Jesus has won salvation for all humankind.

In professing that Jesus is the Messiah as defined by God's revelation, Jesus's followers will also face suffering and pain. Jesus did not come to do away with these conditions of human nature but to be a model of how to deal with suffering and death, which lead to new life in resurrection.

Jesus's honor is restored by God when God raises him from the dead on the third day. For Jesus's disciples, honor is won by taking up their crosses each day: "For those who want to save their life will lose it, and those who lose their life for [Jesus's] sake will find it" (16:25).

SAINT OF THE WEEK



The Passion of St John the Baptist

Feast day: August 29

Herod is to John the Baptist what Pilate is to Jesus. Neither Herod's nor Pilate's first choice was to order an execution. But cowardice and fear coalesced until commanding the death of an innocent man was more expedient than braving the ridicule and threats of subordinates.

According to Saint Mark, "Herod feared John, knowing that he was a righteous and holy man...When he heard him, he was greatly perplexed; and yet he liked to listen to him" ([Mk 6: 20](#)). "[Herod] was deeply grieved" ([Mk 6: 26](#)) that he had to order John's death. But he didn't actually have to order John's death. If he were truly grieved, he could have stood up in the midst of the happy crowd, said "I made a stupid promise which I now regret," and granted Salome (her name is not found in the Bible) some other handsome gift instead of a blood-splattered plate. Herod beheaded a man to save face, to avoid embarrassment, and to avoid having to say "I made a mistake."

The Passion, or Beheading, of Saint John the Baptist is one of the very oldest liturgical feasts on the Church's calendar. John's birth may be *the* oldest feast. Along with the feasts of Holy Week, the original event of John's death is right there on the surface of Holy Scripture, and so likely was commemorated as soon as the Church started commemorating anything.

John the Baptist's colorful life on the edge of respectability came to an abrupt end due to the weakness of a weak man, Herod, and due to the revenge sought by the troubled conscience of Herodias, who despised John for mentioning the obvious.

Saint Jerome writes that Herodias's rage was not satiated by the grisly head of her tormentor on a platter, but that she rabidly stabbed the tongue which had indicted her even after it was silenced.

Dear Lord, St John the Baptist's life ended abruptly when he spoke the truth. He was imprisoned and then killed for defending the dignity of marriage. Help us to be as courageous and outspoken as him, to profess our Faith in You, and help us to lead others to Your way, Your Truth, and Your Eternal Life.

Amen.

THE RULE OF ST BENEDICT

Chapter 4

Not to wish to be called holy before one is holy; but first to be holy, that one may more truly be called so.

SOCIAL JUSTICE SUNDAY AUGUST 30 PRAYER

Jesus, you invite us all into the fullness of life. May we support one another to flourish in body, mind and spirit.

Strengthen our commitment to ensure that nobody falls through gaps in our systems of care.

People called you mad. Help us to recognise you in those who suffer mental ill-health today.

Show us how to eliminate stigmatisation of mental ill-health from our parishes,
schools, communities and organisations.

You drew near to those who were suffering in body or mind.

May we too feel your nearness when we struggle with mental health challenges.

May we be one as members of Your Body.

You invite us to share in your ministry of love and true compassion.

May we be empowered by your Spirit to reach out to all people in need.

May we build communities of welcome and inclusion.

SOCIAL JUSTICE STATEMENT 2020-21

The COVID-19 pandemic is affecting the mental health of many members of our parishes, schools and communities.

Understanding mental health will help us to be aware of those who need our support. In the Social Justice Statement 2020-21, *To Live Life to the Full: Mental health in Australia today*, the Bishops invite us all to reject stigmatisation, to work for the transformation of social determinants of mental ill-health, and to call for policies and service provision that meets the needs of the poorest and most marginalised members of our community.

Download the Statement at http://bit.ly/SocialJustice_2020

If you know anyone that needs help in any way please contact the parish office or Father Bernard.

POPE FRANCIS' INTENTIONS FOR AUGUST 2020

THE MARITIME WORLD

We pray for all those who work and live from the sea,
among them sailors, fishermen and their families.

AMEN



COVID 19 RESTRICTIONS

Bookings is still essential or write your name and phone number on the sheets provided at both entries.

**Please adhere to social distancing guidelines and sanitize your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.**

MASKS MUST BE WORN. PLEASE BRING YOUR OWN MASKS.

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS, PLEASE STAY HOME,
ISOLATE AND GET TESTED.**

In Our Parish

We remember in our prayers - all our dearly beloved who have died.

We welcome into God's family - to all who were recently baptised.

We pray for the sick of our Parish, our country and throughout the world, especially the United States.

TAP AND GIVE—Donation Point Tap

Thank you to everyone who has been using our Tap and Give donation points. They have been pre-set at \$20. All you need to do is place your payWave debit or credit card on the front and it automatically deducts \$20 from your account. Only swipe it once a month if you want to donate \$5 per week. Swipe it once a fortnight if you want to donate \$10 per week. Swipe it more than once if you want to donate more etc. One device is found on the disability ramp at the back entry. The other one at front entry right hand side. The funds will go into the second collection for the parish expenses.

Families across Broken Bay need your help September 2020 CWF Appeal



Your generous donation will support five Catholic agencies and ministries helping families and neighbours in our Broken Bay Diocese. The Charitable Works Fund Appeal is 100% tax deductible.

www.bbcatholic.org.au/give/charitable-works-fund

Your gift helps 5 unique agencies and ministries of Broken Bay Diocese that give life-changing help and assistance to families in need:

- Hospital Chaplaincy and Pastoral Care Practitioners,
- Confraternity of Christian Doctrine (scripture lessons)
- St Lucy's School (children with intellectual disabilities)
- St Edmund's College (high school intellectual disabilities)
- The Ephpheta Centre (for deaf and hearing)

Your gift helps families like Sonia's. When Sonia's mum Patricia – or Pat - was diagnosed with cancer the family was overwhelmed with fear, sadness and anger about dealing with this terrible disease. Thankfully, Pat was introduced to Peter Brown, a Pastoral Care practitioner and part of the Broken Bay Hospital Chaplaincy program.

"He has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed"
Luke 4:18

How to give - Support by making an **online donation** or by completing a CWF envelope (available in parish). Online donations are allocated towards your parish CWF target.

ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome.
For more details call Angela Egiziano. Ph: 9653 2312.

CCC PRAYER GROUP

Prayer meeting held every Friday night after 7pm Mass, and Wednesday mornings after 9.30am Mass.
Everyone welcome. For more details call Mary Camilleri on 0403 116 987.

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

CATECHIST NEWS

More free training dates are available through the CCD online for all Catechists. **Classroom Management and Curriculum Skills will be available online via Zoom on Wednesday 9th September and Monday 14th September 10am -12pm.** Please register one week prior to the date on 8379 1643 or registrations@bbcatholic.org.au

Our next **Catechist meeting** will be held this **Wednesday at 12:30pm** in the parish. All are welcome.

Two Catechists required for Term 4 for a class of 13 students at Glenorie on Wednesdays 10:10 – 10:50am and a class of 9 students at Arcadia 11:30am – 12:10pm. Are you able to help for one term? If so, please call myself or Fr Bernard. Training and lesson plans are free!

God bless,

Miriam Brown 9652 0558

Parish Catechist Co-ordinator

THE SPIRITUAL ROSARY PILGRIMAGE

This virtual pilgrimage begins on 8 September, the birthday of Mary, and concludes on 7 October, the Feast of the Holy Rosary.

The Spiritual Rosary Pilgrimage: A Biblical Journey through the Life of Christ with His Mother, will include over 20 Australian and international speakers offering video presentations over 4 weeks, including Tomasz Juszczak, Scott Hahn, Jason Evert, and Dr Edward Sri.

Register at:

<https://www.parousiamedia.com/the-spiritual-rosary-pilgrimage/>



YOUNG ADULTS CORNER (18+) CYBB Young Adults (via Zoom)

Catholic Youth Broken Bay invites you to our next young adult (18+) Zoom Gathering! Join young adults from around the Diocese to connect and be nourished by inspiring speakers. This month we will be focusing on **"What do we do in Mass?"**

Sit, stand, sit, kneel, stand... Ever wondered how to get the most out of going to Mass? Never fear, answers are here! Our guest for the evening will be Deacon Jonathan Vala from the Archdiocese of Sydney.

10 September 2020

7.00pm via Zoom (link to follow on Facebook event page)
RSVP to the Facebook link here.

<https://www.facebook.com/events/220850422623897>



Most Rev Anthony Randazzo
Bishop of Broken Bay

Message for BBNeighbourhoods

25 August 2020

My dear brothers and sisters in Christ, In the past, the topic of mental health and wellbeing tended to have a negative label attached to it. That is an unfortunate situation and hopefully one that is consigned to the history books.

This year, the Australian Catholic Bishops have chosen mental health as our theme for the 2020-2021 Social Justice Statement. The theme was chosen long before COVID-19 took hold of the world and few could have predicted that along with threats to our physical well-being, the pandemic would profoundly impact the mental health of many people. There have been many instances where people experience anxiety and even despair. Anxiety has certainly become a widespread consequence of the manifold changes our Church and society has undergone in just a few months, particularly bearing heavily on the most vulnerable.

I believe that the Holy Spirit was at work, guiding the bishops to encourage our communities to understand mental health better, overcome some of the barriers and stigma from the past that may still be attached to mental ill-health and be more aware of those who most need our support.

Our challenge and our mission is to recognise Jesus Christ in the most vulnerable people in our community of the Church and in society. Often, they are the people who are ill in body, mind, or spirit. This time provides us with the opportunity to ensure that they do not slip between the gaps in our works of mercy and in our systems of care.

Jesus sought out the ones who were lost and forgotten and healed them of their ailments, but he did not stop there. He welcomed them back into the community of the Church to live a life of fulfilment and hope (John 10:10). Let us imitate Jesus in our passionate and relentless seeking of those who need our attention and welcome them into our parishes and communities with tender care (Romans 15:7).

I highly recommend the 2020-2021 Social Justice Statement: To Live Life to the Full: Mental Health in Australia Today. I believe that the Statement will be of great use for ongoing education and formation in our community of the Church as we engage with others in mercy and love. I offer you this brief summary by way of introducing the Statement to you and hope that it will be of benefit to us all, as together we seek the Kingdom of God, in this world and the next.

+Anthony

IMPORTANT NOTICE GCEA – FUNDRAISER 2020

GALSTON CHRISTIAN EDUCATION ASSOCIATION

The GCEA is an association of all of our local churches that helps provide Galston High School students access to the opportunity for some Christian education. Lachlan Gage the SRE teacher does a fantastic job and the children who attend his classes really benefit from his lessons and support.

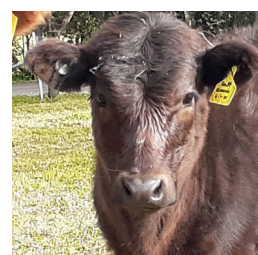
Normally all of the churches in our local area unite and host a Spring Dinner at Galston Club in September. The Spring Dinner is an opportunity to:

- Show support and let Lachlan know how much we all appreciate his efforts and his role at Galston High School.
- Raise funds to help continue the wonderful work that Lachlan does through ticket sales from the Dinner at the Club and we normally have a silent auction of items and services provided by the wonderful people and businesses in our community at the club.

Unfortunately this year because of COVID19 we are not having the dinner at Galston Club. To raise funds this year we still plan to have a **silent online auction** with lots of great items for you to bid on:



HOLIDAYS
FARM ANIMALS AND POULTRY
IGA GALSTON SHOPPING VOUCHERS
COFFEE MACHINE
PLANTS
PAMPER PACKS
RESTAURANT VOUCHERS
JEWELLERY
EXCAVATION SERVICES
And much more! Something for everyone!



The online auction will start on 10th September 2020 and final bids will be 8pm on 19th September 2020.

To participate in the silent online auction register your email at www.32auctions.com/galston

If you have an item/service you would like to donate for the auction please come and see Lisa Welsman after mass this week, or if you would like to make a donation to help support Lachlan.

You can donate to GCEA by making a direct deposit to our bank account (at Bendigo Bank):

Bank Deposit (PLEASE NOTE NEW ACCOUNT)
BSB 633 000
Account Number 157591371

please email info@gcea.org.au noting your payment to receive a receipt.

OR

by Cheque/ Money Order, mail to:

The Treasurer,
GCEA Inc PO Box 651,
Round Corner NSW 2158

<http://www.gcea.org.au/donate>

Any enquiries please phone Lisa Welsman on: 0405 305 393

Office Hours: Mondays & Fridays 10.30am to 3pm
Parish Office: 9653 2312
Parish Priest: Fr. Bernard McGrath OSB
After hours: 0416 032 497
Email: arcadia.parish@bigpond.com

Postal address: 121 Arcadia Rd, Arcadia 2159

For all parish Occupational Health & Safety and Safeguarding Children matters
Contact: Lorraine Dailey on 0416 081 882.

Website: www.bbcatholic.org.au/arcadia
Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)
Address: Cnr Fagans & Arcadia Rd, Arcadia 2159
Monastery: 9653 1159
Good Samaritan Sisters: 9653 1231

Bank Details for ONLINE only donations:
BSB: 062 784
Acct: 1446 8001
Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund



**LISTENING
TO THE PAST;
CARING FOR
THE FUTURE**



Liturgy of Lament

All are invited to gather to pray together
in acknowledging the suffering caused to our most
vulnerable and to give public expression to our sorrow.

1 September 2020

7pm

Our Lady of the
Rosary Cathedral
Yardley Ave,
Waitara

The liturgy
will be live
streamed
To watch:
bbcatholic.org.au



For more information visit
bbcatholic.org.au/safeguarding
or call **8379 1605**



**CATHOLIC
DIOCESE OF
BROKEN BAY**